

## **DIVING DEVELOPMENT MEET ... WEEK #4**

Tuesday, July 25, 2017

at Crestwood

Warm-up @ 4:00pm

Competition @ 5:00pm

Entries are due by 6:00pm on Sunday, July 23, 2017 and must be delivered to:

Patty Pinkerton

Diving Commissioner

610-334-0921

pattypink@gmail.com

- Entry sheet must be completed in alphabetical order by age group.
- Dive Sheets are due to the scorer's table 15 minutes prior to the start of the competition.
- Each pool must submit one person to help work the scorer's table for each age group at all meets.
- No diver may begin warming up without a coach present.
- Each coach will be responsible for judging assigned age groups.
- Score sheets are to be completed according to the following dives:
  - 8&under = forward dive, back dive, ½ twist, 1 optional dive (any group)
  - 9&10 = ½ twist, inward dive, 3 optional dives (any group)
  - 11&12 = ½ twist, 5 optional dives (any group)
  - 13&14 = ½ twist, 5 optional dives (different groups)
  - 15&over = ½ twist, 5 optional dives (different groups)

